

The FAFCS News

Winter 2009

Published by the Florida Association of Family and Consumer Sciences

President's Message

Dear FAFCS Members:

Many thanks are due to all of you. First of all thank you for renewing your membership. We definitely cannot make it without you. Also, thank you for all the great things you are doing for the centennial celebration of our professional organization. And, of course, thank you for your plans to attend the Florida-Georgia 2009 FAFCS-GAFCS Joint Annual Conference in Savannah, Georgia, March 26-28, 2009. You are planning to attend, aren't you? I hate to sound like a broken CD, but things just won't be the same without you, so please join us in Savannah! You really want to take advantage of the super opportunities for professional development and networking that this conference provides.

Program topics focus on our technology theme. Some of the topics include food safety, financial planning, nanotechnology, influence of electronic games on families, social networking for teachers, diabetes teaching tools, multimedia web teaching tools for families, and others. Exhibitors will be there all day on Friday. Other highlights include a visit from our founder, Ellen Richards, a.k.a. our "own" Joyce Miles who has been making presentations all around the nation; and we will be graced with the presence and presentations of our AAFCS President, Shelly Nickols-Richardson; and there will be more activities for your enrichment.

Now hear this!! We have some very good double good news! First of all, the conference registration fee will remain \$299 until the final deadline on March 15. This fee also includes three meals and a reception. The second part is that financial help is available to ALL FAFCS members. Did you know that all FAFCS members can still apply for up to \$250 through a Conference Scholarship for Members (CSM)? Now that is a sensational member benefit!

The CSM application and all conference materials are available at our website www.fafcs.org. These items were also mailed and emailed to you by Donna McGrew, FAFCS administrative assistant.

Here's another very important reminder: Keep saving the stamps for Habitat for Humanity. Ask your neighbors and friends to save their stamps also. This is such a worthy cause and a perfect fit for our mission of service and support for strong families through our work to improve the lives of individuals, families and communities.

I hope that you are having a fine time in 2009 and that you will continue to do so. We'll see you in Savannah. All the best.

Sincerely,

Glenda L. Warren, CFCS
FAFCS President, 2008-2009

Inside...

- Feature Article—Time
- District News
- Committee Reports
- Bios of Nominees
- Ballot
- Florida-Georgia Meeting March 2009
- And much more!

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Glenda L. Warren

THE FAFCS NEWS is the official publication for the Florida Association of Family and Consumer Sciences membership. It is published three times a year. Articles, news, notes, and/or comments should be sent to the editor:

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**Next Newsletter
 Deadline:**
 April 10, 2009

EXECUTIVE BOARD MEMBERS

Conference calls were held on January 29 and 31, 2009.

The next meeting will be held in Savannah, GA on March 26 (TH) at 4 pm with dinner.

For more information contact President Glenda Warren.

LET'S TURN BACK TIME...

Let's turn the clock back to the year 1909!



What was life like when our Association was in it's formative years?

Just imagine, one hundred years ago, what a difference a century makes!

Here are some of the statistics for that year: The average life expectancy in the U.S. was 47 years.

- Only 14 percent of the homes had a bathtub.
- Only eight percent of the homes had a telephone.
- A three minute call from Denver to New York City cost eleven dollars. Think about what a call costs now!
- There were only 8,000 cars in the U.S. and 144 miles of paved roads.
- The maximum speed limit in most cities was 10 mph.
- Most women only washed their hair once

a month, and used borax or egg yolks for shampoo.

- The average wage in the U.S. was 22 cents per hour.
- Sugar cost four cents a pound.



- Eggs were fourteen cents a dozen.
- Coffee was fifteen cents a pound.

But remember, you were only making 22 cents an hour so it was all relevant!

Just imagine what life must have been like back then.

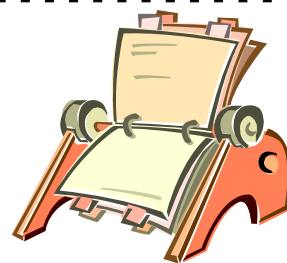
I for one do not want to go back, except, maybe for a short time, to experience the slower pace; the world is moving much too fast for me. I try to imagine what life may be like in the next one hundred years, and it staggers the mind! But I know that our Association will be here to lead the way for Florida families.



*Submitted by Donna McGrew
 Administrative Assistant*

Has your name, USPS address, phone, fax or e-mail address changed?

Since many members now receive the newsletter electronically, it is important that you alert us if your e-mail address changes. Contact Donna McGrew by e-mail at dodaenterprises@juno.com. Always include your name, e-mail address, and USPS address, so that we have all the information we need to keep in touch!



FAFCS DISTRICT NEWS

District C—Kathy Kay

Our centennial celebration was a great success. The information shared by the guest speaker Gary Swanson of GRU gave us an historical look at the Evolving of Energy and this highlighted the importance of family and consumer sciences in our life today and years gone by. Six students were honored as outstanding students by their family and consumer sciences teachers and Extension agent. After a wonderful dinner made by students from the Eastside Culinary Institute, we were treated to a narration of "The Story of the Half Blanket" presented by Kayleigh Hinson – 4H Alachua county. The members who attended shared their experiences in the profession of FCS, renewed friendships and left feeling like they had made a lasting impression on the quality of life over the last 100 years. See you in Savannah.

District D—Lina Ingraham

We had a wonderful turnout in October for our RICH CONVERSATIONS celebration of the 100th anniversary of AAFCS. We had many old items on display, including a Rumford Cookbook and New England Kitchen cookbook, old aprons, very old magazines and journals as well as items that FAFCS had on display at AAFCS Annual Meeting in June.

Members brought a salad to share. Following dinner, our program started with the DVD, *The Life and Legacy of Ellen Swallow Richards*, researched and produced by Joyce Miles. Then we all engaged in rich conversations about our profession, how we started in it, what challenges the association faces and other remembrances. It was truly an inspirational evening. In addition to members and guests from our own district, we welcomed FAFCS president, Glenda Warren, and her mother Juanita,

as well as Kathy Kay from District C. Raintree Restaurant in St. Augustine was the site for our December dinner. Afterward, we boarded the train for a tour of St. Augustine and the two million lights on display around the city. Members and guests enjoyed a beautiful evening. Our next dinner meeting will be Thursday, February 26 at the Cheesecake Factory in St. Johns Town Center, Jacksonville.

District E—Teri Fuentez

Nothing to report this time but wishes everyone a Happy New Year!

District F—Susan Todd

We will be planning a centennial celebration sometime in the spring. More details will be made available this month. We do not have a district chair, but I am serving as the contact person until one is found.

District G—Drema Brazelton

Nothing to report, thanks to a computer malfunction.



THANK YOU to everyone who submitted a report on time for this issue and to those who took the time to acknowledge that they had nothing to report.

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If you would like to get involved at the district level, please contact your district chair (or contact person).

FAFCS COMMITTEES AND OTHER REPORTS

AWARDS

Submitted by Betsy Crisp



Deadline was February 1, 2009, and we now have nominations in all four areas:

Leader of the Year
Excellence in Extension
Teacher of the Year
New Achiever

Thank you to Kathy Kay for stepping forward to taking on the responsibility of chair. Start thinking now for nominees for next year.

DEVELOPMENT

Submitted by Cathy Rogers

No applications were received this year.



HOME and COMMUNITY

Submitted by Ruth Gaines



Greetings and best wishes for a successful 2009.

We are in the last few months of record keeping of our volunteer hours for Florida Family and Consumer Sciences accomplishments in our 2008-2009 year. Please send or e-mail me all your volunteer hours by March 15 (okay to project through March), so that I may report at our annual meeting. **THIS REPORTING OF VOLUNTEER HOURS IS FOR ALL FLORIDA FCS MEMBERS.**

As your home and community chair, I am interested in hearing your concerns and ideas for better communications as members and better communications to students and residents of Florida. Please share.

After checking the AAFCS website today, I believe we may need some clarification on the SECOND CENTURY OF HELPING PROJECT. Project originated through AAFCS Home and Community; it is a CENTENNIAL PROJECT FOR ALL MEMBERS!! The project is the tracking of volunteer hours contributed by FCS professionals July 1, 2008 – June 1, 2009. As of today, FLORIDA has recorded 274 hours (I still have some to record for myself), and we are half way through the time period; so let's all look at our

volunteer hours that are within our FCS expertise areas and submit our record. This is easy to do: go to www.aafcs.org; Google AAFCS homepage; click on AAFCS Centennial Celebrations; next click "Second Century of Helping" – "click here"; then you will see a colorful map of the USA; click on the shape of Florida and follow "Input Activity Information" as it applies to you. Need more information, contact me. At the 2009 AAFCS Annual Conference in June individuals, communities and affiliates with the greatest number of volunteer hours and the highest per capita rate of volunteer hours will be recognized. Please do your part to put FLORIDA in place for recognition.

Look forward to seeing you at our Florida/Georgia annual conference in March.

MEMBERSHIP: Sustaining the Future

Submitted by Rita Burns



As of December 2008, the Florida Affiliate has 215 members.

A national membership drive is scheduled for February 2009 with the goal for each affiliate to increase membership by five percent. That equals ten new members for Florida.

Please encourage your colleagues to get involved professionally. The advantages are many, including state and national conference participation, grant money for professional development, mini-grants for project development, awards and scholarships.

Log onto FAFCS.org to join, renew, apply for grants, scholarships or to just get informed about FAFCS. Remember, first- and second-year members pay only \$100 for active membership. That is a deal!



LEGISLATIVE UPDATE

Submitted by Sylvia Tricarico

Because change seems to be our only constant, the best that can be done is for all of us to stay aware and "in tune" with Tallahassee and Washington, D.C. lawmakers. Please use the following link to find out your Tallahassee representatives:

<http://www.myfloridahouse.gov/Sections/Representatives/representatives.aspx>

And your Tallahassee senators:

[http://www.flsenate.gov/Welcome/index.cfm?](http://www.flsenate.gov/Welcome/index.cfm?CFID=116011766&CFTOKEN=83216942)

[CFID=116011766&CFTOKEN=83216942](http://www.flsenate.gov/Welcome/index.cfm?CFID=116011766&CFTOKEN=83216942)

Washington D.C. Senate contacts:

http://www.senate.gov/general/contact_information/senators_cfm.cfm

Washington D.C. House of Representatives:

<https://writerep.house.gov/writerep/welcome.shtml>

Remember, "If not you, then who? If not now, then when?"

NOMINATING COMMITTEE

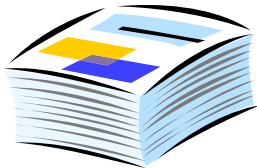
Submitted by Kathy Kay

The ballot and bios are included in this newsletter. Please review and vote by **March 1, 2009**, for the following officers :



- ◆ President-Elect: one-year term
- ◆ Vice President Program of Work: two-year term
- ◆ Secretary: two-year term
- ◆ Treasurer: two-year term
- ◆ Nominating Committee Member (3): two-year term

Note: committee chairs also needed. If interested, contact President Glenda Warren.



PROGRAM OF WORK

Submitted by Kathy Kay

We received a letter from the stamp program chairperson of Lake and Sumter counties. A good news update...over the past several years, the stamp program has funded two Habitat homes, and we continue to collect, soak, and sell stamps with the funds going toward our third "stamp house." During the period May 2007 through the end of October 2008, we were able to put nearly \$14,000.00 into our third stamp house account. We need \$55,000.00 in stamp sales to begin that third home. Lots of work ahead, but we are off to an amazing start.

FAFCS is helping to make a difference. We just sent a huge box and more stamps are coming in daily. Please continue to cut those cancelled stamps to make their third house a reality. Involve your friends, family and students. Directions follow:

Cut cancelled stamps (not metered stamps) from envelopes, leaving at least ¼ inch of paper around the stamp. Also foreign, non-cancelled stamps and personal stamp collections would be greatly appreciated. Send by February 15 to:

Kathy Kay
2317 NW 60th Way
Gainesville, FL 32606

ALL FL MEMBER CONFERENCE CALL

Please plan to participate in the first FAFCS member-wide conference call on **Tuesday, February 24, at 7:00 pm EST**. Watch your e-mail for the call-in number and additional details. Members who plan to participate will be asked to please **RSVP by February 10** to Donna McGrew at dodaenterprises@juno.com or Glenda Warren at glwarren@ufl.edu. Thank you very much. Look forward to talking with you soon! Glenda

UPCOMING MEETINGS

STATE—Good news! Registration deadline extended for the Centennial Conference of FAFCS!

The registration fee for the combined Florida—Georgia Association of Family and Consumer Sciences Annual Conference will remain \$299 for FAFCS members until the final deadline on **March 15, 2009**. The registration includes the three-day program, three meals and a reception and can be paid with a check or credit card.

Call before **February 23** to reserve your room at the Marriott Savannah Riverfront— limited number of rooms at the \$179 GAFCS rate. 912-233-7722 or 1-800-285-0398

If you are interested in carpooling or need a roommate, contact Donna McGrew at 941-752-7636 or Rita Burns at 954-804-5030.

For financial help available to ALL FAFCS members, apply for up to \$250 with a Conference Scholarship for Members (CSM)

All documents can also be found on the FAFCS.org website.

NATIONAL—Make plans to attend AAFCS 100th Annual Conference **June 22-28, 2009**, in Knoxville, TN celebrating the centennial and sustainability!

BIOS OF FAFCS NOMINEES

PRESIDENT ELECT—Teri Fuentez

I have been a member of AAFCS for 25 years. During that time I have held several offices, both at the district and state levels around the state. While in south Florida, I was District G chair in 1996-97. After relocating to central Florida, I became the current District E contact/chair. In addition, I have been co-chair twice for the annual meetings in Orlando.

In 1987, I received the Home Economist of the Year Award for Community Outreach in District G. In 2006, I was selected to be on the textbook adoption committee for the Florida State Department of Education, selecting appropriate books for our classrooms.

Teaching family and consumer sciences courses is truly my professional passion, just recently completing my 33rd year in the FACS classroom. My teaching experience includes both private and public school settings around the state. I graduated from University of Wisconsin-Stout in Menomone, Wisconsin in 1975, with a B.S. degree in home economics education. I obtained my M.S. degree in home economics education from Florida International University in Miami, Florida in 1989.

I have been happily married for almost 20 years to Barry. In 2001, we adopted a 14-year-old girl named Ashlei. Within the past two years, I have become an active member of Alpha Delta Kappa, a women’s educational sorority.

VP PROGRAM OF WORK—Judy Corbus

B. S.—home economics education, Florida State University
M.S.—consumer economics, Florida State University

I have taught family and consumer sciences for two years at Bradenton Middle School, Manatee county, before beginning my career with UF/IFAS Extension in 1993 in Washington, Gulf, and Franklin counties. I transferred to Holmes and Washington counties in 1996, where I continue to serve. My program areas focus on housing, financial management, consumer education, and nutrition.

Professional activities include:

FLORIDA ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

1997-Present Member
2007-Present Extension Section Co-chair
2002-Present District I Chairperson
2006 Co-chair, Florida Association of Family and Consumer Sciences/
Georgia Association of Family and Consumer Sciences Annual Conference, Tallahassee, Florida
2003-04 Newsletter Editor

FLORIDA EXTENSION ASSOCIATION OF FAMILY AND CONSUMER SCIENCES

1994-Present Member
2008-Present Vice president—Professional Development
2004-2008 Secretary
2002-2005 Awards and Recognition Committee
1998-2000 Professional Development Committee
1997-1999 Northwest District Director
1996-1998 Member—Resources Committee

EPSILON SIGMA PHI EXTENSION HONOR FRATERNITY

2001-Present Member
2002-2004 Northwest District Director

SECRETARY—Linda Mueller

I graduated from Texas Woman’s University with a bachelor of science degree in home economics education. I have been teaching for 32 years, 4 years in Hillsborough county and 28 years in Palm Beach county. I have taught family and consumer sciences in both high school and middle school.

I received National Board Certified Teacher and have served as district advisor executive board secretary for Family Career and Community Leaders of America. I am presently the treasurer for District G FAFCS and secretary for FAFCS.

Honors that I have received are FCCLA Spirit of Advising Award for Florida and the Palm Beach County CEC Chapter 200 Teacher of the Year.

TREASURER—Denise Stanforth (no Bio)

BIOS OF FAFCS NOMINEES (Continued)

NOMINATING COMMITTEE (elect three)

Rita R. Law, M.S.

I am a family and consumer sciences Extension agent III with the University of Florida Institute of Food and Agricultural Sciences in Seminole county.

I received a B.S. in home economics education from Florida State University in Tallahassee, Florida in 1970 and a M.Ed. in administration of vocational education from the University of Central Florida in Orlando, Florida in 1987. I am a [registered ServSafe® instructor](#) with the National Restaurant Association Educational Foundation.

I joined the Extension faculty at the University of Florida in 2000. Prior to joining the faculty of the University of Florida, I taught high school in Seminole and Orange counties for 13 years and was an adjunct instructor at Seminole Community College for 10 years.

In Seminole county I have nutrition, food safety and health as well as 4-H youth development responsibilities. As service to the University, I am an active member of the Health, Nutrition and Food Safety Focus Team.

I have been a member of FFA since 2000 and have actively served as nominating chair, district director, youth committee chair as well as serving on several other committees. I am currently FFA vice president for awards and recognition.

I have been a member of FAFCS since ~1986 and have served as district director for District E several times. I was co-chair with Teri Fuentez for the 2006 annual meeting, in Orlando, Florida.

Nettie Ruth Brown

I started my commitment to home economics as vice president of Berry College Home Economics Association in Rome, Georgia. I began working in 1952 as a home economist in Extension in Tennessee.

In 1960 I moved to Florida and have been chairman of District D FAFCS. In addition, I have been involved with family and consumer sciences as chairman of housing

and home furnishing for the State of Florida, delegate to AHEA, and past president of Florida Extension.

In 1975 I was elected president of the National Association of Extension Home Economists. I am pleased to serve an organization that has been so much a part of my professional life.

Melissa Madia

I graduated from Florida International University with a master's degree in family and consumer sciences.

I have taught students from elementary school to high school.

As of 2005, I have been doing the most important job (and the hardest!) of my life – being a stay-at-home mom to our son, Thomas, and the do-it-all partner to my husband Ivan.

Gussie Bowen

I received my bachelor's degree in family and consumer sciences from Florida State University in 2000 and master's degree in 2003. I was the graduate professional liaison for FAFCS in 2003, and the District J chair 2005-2007.

I have held several FAFCS leadership positions while in college including serving on the national ethics committee.

Ballot Is An Insert—Vote By 3/1/09

UPCOMING DEADLINES

February 15

Deadline to send cancelled stamps for Habitat for Humanity project to Kathy Kay (page 5)

March 15

Final deadline for Centennial Conference registration. **DON'T MISS IT!** (page 5)

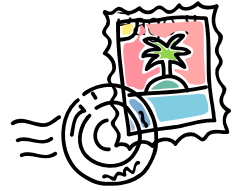
April 10

Deadline for newsletter articles for the spring issue.





Florida Association of Family and Consumer Sciences
c/o Donna McGrew, Administrative Assistant
3175 57th Avenue Circle East
Bradenton, FL 34203-5332



Florida Association of Family and Consumer Sciences *and*
Georgia Association of Family and Consumer Sciences



2009 Annual Conference

*Evolving Technology: Impact on Individuals,
Families and Communities*

March 26-28, 2009

Marriott Savannah Riverfront, 100 General McIntosh Boulevard, Savannah, Georgia
(more information on page 5 of this newsletter)



Printed on Recycled Paper

**Florida Association
of Family and Consumer Sciences
Ballot for 2009-2010**

Please vote for candidate(s) or write in name

PRESIDENT-ELECT

_____ Teri Fuentez

_____ Other—please write in (must have agreement from person)

VICE PRESIDENT PROGRAM OF WORK

_____ Judy Corbus

_____ Other—please write in (must have agreement from person)

SECRETARY

_____ Linda Mueller

_____ Other—please write in (must have agreement from person)

TREASURER

_____ Denise Stanforth

_____ Other—please write in (must have agreement from person)

NOMINATING COMMITTEE (3 positions/vote for 3)

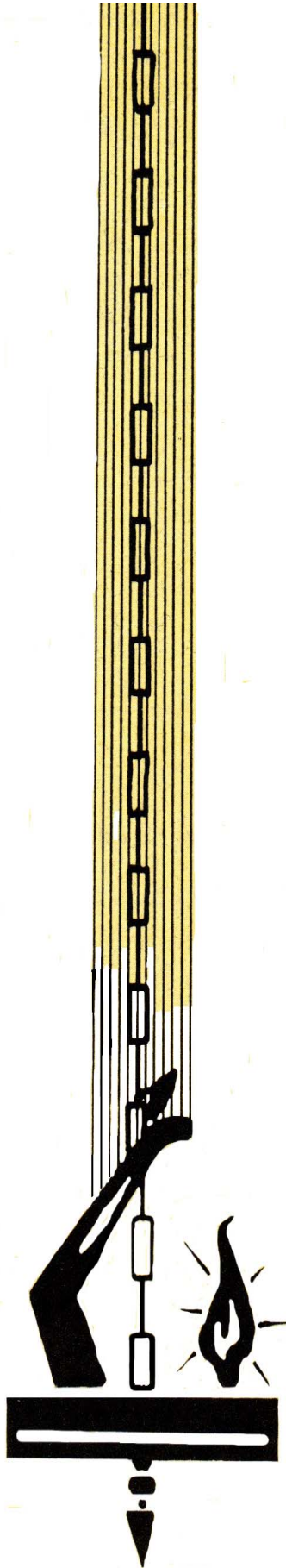
_____ Rita R. Law

_____ Nettie Ruth Brown

_____ Melissa Madia

_____ Gussie Bowen

_____ Other—please write in (must have agreement from person)



Please return ballot by March 1, 2009 to:

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